# The Lord’s Supper 1

GATHERING IN GOD’S NAME

1. A hymn or song may be sung.

2. The minister says (all may join in the prayer)

Let us pray*.*

Almighty God,  
nothing is hidden from you,  
not even the secrets of our hearts.  
By your Holy Spirit,  
purify our deepest thoughts,  
so that we may truly love you  
and bring honour to your name,  
through Christ our Lord. **Amen.**

3. The minister reads the Ten Commandments (Exodus 20:1–17, or Deuteronomy 5:6–21)

or

Hear the commandments which God gave his people Israel.

1. I am the Lord your God who brought you out of the land of slavery; you shall have no other gods but me.

2. You shall not make for yourself a graven image; you shall not bow down to them or serve them.

3. You shall not take the name of the Lord your God in vain.

4. Remember the Sabbath day to keep it holy. Six days shall you labour and do all you have to do, but the seventh day is the Sabbath of the Lord your God.

5. Honour your father and your mother.

6. You shall do no murder.

7. You shall not commit adultery.

8. You shall not steal.

9. You shall not bear false witness against your neighbour.

10. You shall not covet anything that is your neighbour’s.

after each commandment the people may say

Lord, have mercy on us.

after the last commandment

Lord, have mercy on us;   
 and by your Holy Spirit write your commandments in our hearts.

or

Jesus said, “‘Love the Lord your God with all your heart and with all your soul, and with all your mind.’ This is the greatest and the most important commandment. The second is like it: ‘Love your neighbour as yourself.’”

Lord, have mercy on us :   
 and by your Holy Spirit write your commandments in our hearts.

4. The minister says the prayer of the day.

HEARING THE WORD OF GOD

5. The Bible readings follow, one from the Old Testament and one or two from the New Testament. A psalm may be said and suitable songs may follow any of the readings.

6. The Nicene Creed is said here or after the sermon, the people standing.

We believe in one God,   
the Father, the Almighty,  
maker of heaven and earth,   
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,   
eternally begotten of the Father,  
God from God, Light from Light,   
true God from true God,  
begotten, not made,   
of one being with the Father;  
through him all things were made.  
For us and for our salvation   
he came down from heaven:  
he was incarnate of the Holy Spirit

and the Virgin Mary,

and became truly human.  
For our sake he was crucified under Pontius Pilate;  
 he suffered death and was buried.  
On the third day he rose again   
in accordance with the Scriptures;  
he ascended into heaven   
and is seated at the right hand of the Father.  
He will come again in glory to judge   
the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,   
who proceeds from the Father and the Son,  
who with the Father and the Son   
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,   
and the life of the world to come. Amen.

7. The sermon is preached.

8. A song or hymn may follow.

9. A collection may be taken.

THE PRAYERS

10. The minister or one or more members of the congregation may pray using this form or a suitable alternative.

Let us pray for all people, and for Christ’s church throughout the world.

Almighty and eternal God,   
through your apostle Paul you teach us   
to pray and to give thanks for everyone.   
In your mercy   
[accept our gifts for the poor and for other ministries of your church and]   
receive our prayers.

We pray that you will lead the nations of the world in theways of peace.   
Guide their leaders in wisdom and truth for the safety and good of all.   
Especially bless the leaders of Australia (…)  
and everyone who exercises authority in this land.   
Enable them to administer justice,   
so that evil is restrained and truth upheld.

In your goodness, Lord, comfort and sustain

everyone who in this fleeting life is in sorrow, need, sickness, or any other distress

(especially we pray for ...).

Pour out on your whole church the spirit of unity and truth.   
May all who confess your holy name  
agree in the truth of your word,   
and live in unity and godly love.

Give abundant grace, heavenly Father,   
to all bishops and other pastors (especially N our Archbishop, N our bishop and N our pastor …).  
In their lives and teaching may they proclaim your life-giving word   
and rightly administer your holy sacraments.   
To all your people give your grace,   
and especially to us gathered here,   
that receiving your word with humble hearts,   
we may always serve you with holy and righteous lives.

We also praise your holy name for all your servants who have died in the faith of Christ.   
By your grace, enable us to follow their good examples,   
that with them we may share in your heavenly kingdom.

Hear us, Father, for the sake of Jesus Christ, our only mediator and advocate. **Amen**.

11. An appropriate song or hymn may be sung.

PREPARATION FOR COMMUNION

12. The minister stands at the table and may say this exhortation

Brothers and sisters in Christ,   
we who come to receive the holy communion of the body and blood of our Saviour Christ can come only because of his great love for us. For, although we are completely undeserving of his love, yet in order to raise us from the darkness of death to everlasting life as God’s sons and daughters, our Saviour Christ humbled himself to share our life and to die for us on the cross. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament which we are now to share.

But those who would eat the bread and drink the cup of the Lord must examine themselves, and amend their lives. They must come with a penitent heart and steadfast faith.   
Above all, they must give thanks to God for his love towards us in Christ Jesus.

13. The minister continues

You who are truly sorry for your sins,  
reconciled with others,   
and determined to lead the new life of joyful obedience to God,   
draw near with faith  
and share in this holy sacrament to strengthen and sustain you.  
But first, let us confess our sins to the Lord our God.

14. A pause for self-examination may be observed. All then say this general confession.

Almighty God,  
Father of our Lord Jesus Christ,   
you made all things,  
and you call everyone to account.  
With shame we admit   
that we have sinned against you,  
in what we have thought, said and done,  
and we deserve your judgement.  
We turn from our sins   
and are truly sorry for them.   
Have mercy on us, most merciful Father.  
For the sake of your Son our Lord Jesus Christ,  
forgive us all that is past.  
Enable us to serve and please you in new life,  
to your honour and glory,  
through Jesus Christ our Lord. Amen.

15. The minister stands and pronounces this absolution.

Almighty God our heavenly Father,   
who has promised to forgive the sins   
of all who turn to him with faith and repentance,  
have mercy on you,   
pardon and free you from all your sins,   
strengthen you in doing good,   
and keep you in eternal life,  
through Jesus Christ our Lord. **Amen.**

THE COMMUNION

16. The minister says

Listen to the welcoming words our Saviour Christ says to all who turn to him:

‘Come to me, all you that are weary and are carrying heavy burdens,   
and I will give you rest.’ (Matthew 11:28)

‘God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.’ (John 3:16)

Hear what the apostle Paul says:

‘The saying is sure and worthy of full acceptance,

that Christ Jesus came into the world to save sinners.’ (1 Timothy 1:15*)*

Hear what the apostle John says:

‘If anyone does sin, we have an advocate with the Father,   
Jesus Christ the righteous; he is theatoning sacrifice for our sins, and not for ours only but also for the sins of the whole world.’ (1 John 2:1-2)

17. The minister says

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

He is worthy of our praise.

Always and everywhere, it is right for us to praise you   
Lord, Holy Father,, Mighty Creator and Eternal God.

At Christmas, Easter, Ascension, Pentecost and Trinity, the seasonal preface, on page 61 – 62, is inserted here.

Therefore, with the angels and the multitudes around your throne  
we proclaim your great and glorious name,   
in words of never ending praise,

Holy, holy, holy, Lord God of power and might,  
 heaven and earth are full of your glory.  
 Glory to you, Lord most high.

18. The minister says (all may join in the prayer)

Merciful Lord   
we come here to your table  
trusting in your measurelessgrace and not in our own goodness.  
Even though we are not worthy   
to eat the crumbs from under your table,   
you are always rich in mercy.  
Gracious Lord, enable us by faith   
to eat the flesh of your dear Son Jesus Christ,   
and to drink his blood,  
so that we may be cleansed and forever dwell in him,   
and he in us. **Amen**.

19. The minister says the Prayer of Consecration. (During the words of institution the minister breaks the bread and lays hands on the wine.)

We thank you our heavenly Father   
that in your love and mercy you gave your only Son Jesus Christ   
to die on the cross to save us.   
By this offering of himself once and for all time,

Jesus made the perfect, complete sacrifice for the sins of the whole world,

satisfying your just demands in full.

Jesus commanded us to rememberhis death until his coming again.   
Hear us, merciful Father, and grant that we,   
who eat and drink this bread and wine,   
may remember his death,   
and share in his body and blood.

On the night he was betrayed Jesus took the bread in his hands.   
He gave you thanks and broke it.   
Then he gave it to his disciples, saying,   
‘Take, and eat; this is my body which is given for you;   
do this in remembrance of me.’   
In the same way after the meal   
Jesus took the cup in his hands.   
He gave you thanks.   
Then he gave it to them saying,   
‘Drink from this, all of you.   
This is my blood of the new covenant,   
which is poured out for you and for many for the forgiveness of sins.   
Do this, as often as you drink it, in remembrance of me.’ **Amen.**

20. The minister gives the bread to each person, saying

The body of our Lord Jesus Christ, which was given for you, keep your body and soul for everlasting life. Take and eat this, remembering that Christ died for you, and feed on him in your heart by faith with thanksgiving. **Amen**.

The minister gives the cup to each person saying

The blood of our Lord Jesus Christ, which was poured out for you, keep your body and soul for everlasting life. Drink this, remembering that Christ’s blood was shed for you, and be thankful. **Amen.**

AFTER COMMUNION

21. The minister says

Let us pray.

As our Saviour Christ has taught us, we are confident to say,

Our Father in heaven,  
 hallowed be your name,  
 your kingdom come,  
 your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins   
 as we forgive those who sin against us.  
Lead us not into temptation,

but deliver us from evil.  
For the kingdom, the power, and the glory are yours   
 now and for ever. Amen.

22. The minister says one of these two thanksgiving prayers

In your fatherly goodness Lord,   
accept this our sacrifice of praise and thanksgiving,   
not weighing our merits but pardoning our offences.  
Though we are not worthy to make any acceptable offering,   
we present to you ourselves as living sacrifices.   
This is our spiritual worship.  
Fill us with your grace and heavenly blessing   
through Jesus Christ our Lord;   
by whom and with whom, in the unity of the Holy Spirit,   
all honour and glory are yours forever. **Amen**.

*or*

All powerful and eternal God,   
having received these gifts of bread and wine,   
we thank you for graciously feeding us   
with the spiritual food of the body and blood of our Saviour Jesus Christ.   
By this you assure us of your favour and goodness,   
that we are members of his body,   
and heirs of your eternal kingdom,   
through the suffering and death of your dear Son.  
We pray, heavenly Father, that through your grace   
we may continue in that holy fellowship   
and do all such good works as you have prepared for us to walk in.  
We ask this through Jesus Christ our Lord,   
to whom with you and the Holy Spirit   
be all honour and glory, world without end. **Amen**.

1. The following hymn of praise or another suitable song or hymn may be used.

Glory to God in the highest   
and peace to God’s people on earth.  
Lord God, heavenly King,   
almighty God and Father,  
 we worship you, we give you thanks,   
 we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
 Lord God, Lamb of God,   
 you take away the sin of the world:   
 have mercy on us;  
 you are seated at the right hand of the Father:   
 receive our prayer.  
For you alone are the Holy One; you alone are the Lord;  
you alone are the Most High,  
 Jesus Christ,   
 with the Holy Spirit,   
 in the glory of God the Father. Amen.

24. The minister says

May the peace of God, which passes all understanding,   
keep your hearts and minds in the knowledge and love of God,   
and of his Son, Jesus Christ our Lord;   
and the blessing of God almighty,   
the Father, the Son, and the Holy Spirit,   
be among you,   
and remain with you always. Amen.

THE PROPER PREFACES

*Christmas*

…because you gave your only Son Jesus Christ to be born for us. By the work of the Holy Spirit he was made true man of the flesh of the virgin Mary his mother. He was without sin, to make us free from all sin.

*Easter*

…but chiefly we praise you for the glorious resurrection of our Lord Jesus Christ. He is the true Passover lamb who was offered for us and has taken away the sin of the world. By his death he has destroyed death; by his rising to life again he has restored to us eternal life.

*Ascension*

…through your most dearly loved Son, Jesus Christ our Lord. After his glorious resurrection, he revealed himself to all his apostles. In their sight, he ascended into heaven to prepare a place for us, so that we might also ascend to where he is and reign with him in glory.

*Pentecost*

…through Jesus Christ our Lord, by whose sure promise the Holy Spirit came down from heaven upon the apostles with the sound of a mighty wind and in tongues of fire. He came to teach them and to lead them into all truth. He enabled them to speak other languages and gave them continuing boldness to preach fervently the gospel to all nations. By that gospel we have been brought out of darkness and error into the light and into true knowledge of you and of your Son Jesus Christ.

*Trinity*

…who is one God, one Lord, not one person but three persons. What we believe of the glory of the Father, we believe also of the glory of the Son and of the Holy Spirit, without any difference or inequality.